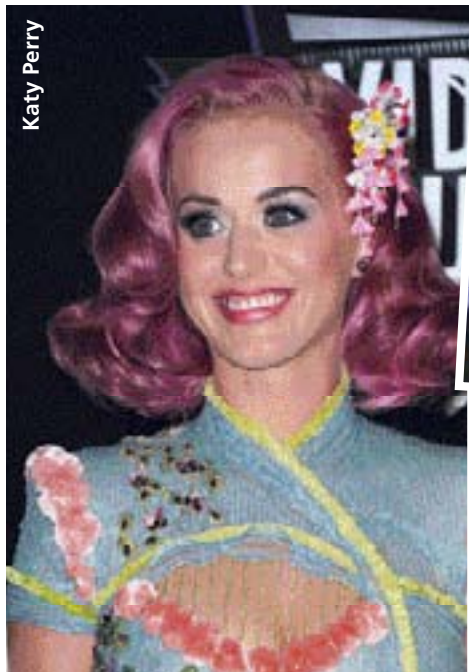


# BEAUTY FLASH

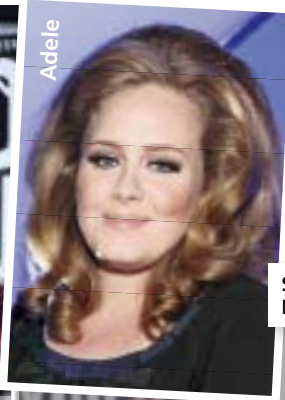
FASHION & BEAUTY EDITOR, LUCY WILDMAN



News, reviews and goodies direct from Planet Gorgeous!



Katy Perry



Adele



Demi Lovato

## Give us a Wave!

There's one hair trend you won't be able to ignore this autumn - so now's the time to dig out those heated rollers! Channeling one of the biggest catwalk looks of the season, softly curled hair was the runaway tress trend of last week's MTV Video Music Awards, with the chicest stars sporting gorgeous, retro inspired-inspired waves. First up, Katy Perry's immaculate 40's sideswept set - quirkily updated

in powderpuff pink. Big, Bardot-esque dos are back one again, and Adele was bang on with an awesome 60s look, a masterclass in backcombing and bouffants. Finally, Demi Lovato made a dazzling comeback to the red carpet, looking better than ever with stunning Farrah Fawcett-esque seventies curls. Looks like it could be time to retire those straighteners for a while, girls!

## Need it Now!



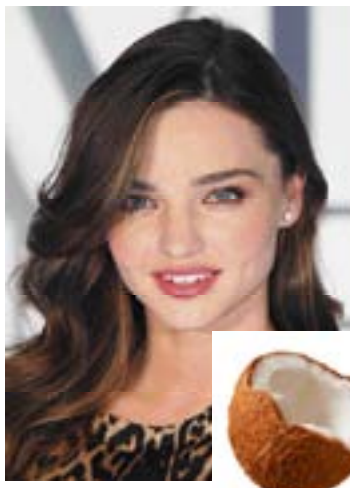
Spinneys Dhs45

dry shampoo is a genius invention, but if you're not blonde, the white powdery finish may leave you looking as if you're going grey! That's why Lee Stafford's new dry shampoo for dark-haired gals is the perfect solution for brunettes who need to pop up their do without looking like they're ageing prematurely. Love, love, love it!

## DEAL OF THE WEEK

Book two Kerastase hair treatments during September at Royal Cut Salon, Le Royal Meridien Beach and receive one Kerastase hair treatment worth Dhs295 for free! Call 04 399 5555 for details.





## MIRANDA'S COCO-NUTS!

When Miranda Kerr credited her amazing skin and body to coconut oil, the female population went - well nuts for it. But health experts say the super's habit is actually dangerous for cholesterol levels, and can make you put ON weight - so we'll be steering clear, thanks, coco-nutty Miranda!



### TREATMENT OF THE WEEK

**WHAT?** Pure Lymphatic Drainage Massage  
**WHERE?** Slim Spa, 206 Al Attar Tower, Sheik Zayed Rd, 04 343 7987  
**HOW MUCH?** Dhs495  
**HOW LONG?** 60 minutes  
**THE TREATMENT:** Designed to totally cleanse the body and eliminate toxins through direct manipulation, Lymphatic drainage massage is a brilliant way to boost any weight loss programme and help battle pesky cellulite, as well as help with water retention, poor circulation and even back pain. Rather than the pummeling I was expecting on my less than perfect



thighs, Slim Spa's physiotherapist uses gentle massaging strokes in a light and rhythmical massage all over to assist the body in eliminating metabolic waste products, excess fluid and bacteria. Relaxing and totally painless, after a course of treatments, less wobbly and heavy feeling than you used to be.

## Tried & Tested

BEAUTY ED'S CHOICE

### 5 BEST BODY OILS

**NUXE HUILE PRODIGIEUSE MULTI-USEAGE DRY OIL**  
 Enriched with vitamin E and plant extracts, this classic beauty oil is in every Beauty Ed's bathroom cabinet. Ultra softening, smells fab and a bargain to boot!



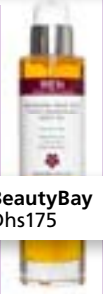
Boots Dhs95

**KIEHL'S SUPERBLY RESTORATIVE DRY OIL**  
 Enriched with antioxidants and essential fatty acids, this Argan based oil is instantly absorbed and leaves skin soft with a subtle sheen. Use all over.



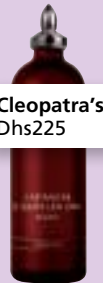
Harvey Nichols Dhs252

**REN MOROCCAN ROSE OTTO ULTRA NOURISHING BODY OIL**  
 Smells truly wonderful, and makes skin super-soft and supple, whilst protecting against oxidative damage to prevent the signs of premature ageing. We're obsessed with it!



BeautyBay Dhs175

**ELEMIS JAPANESE CAMELIA OIL**  
 Victoria Beckham swears by this stuff for keeping stretch marks at bay. A super softening oil that is easily absorbed and rich in plant collagen.



Cleopatra's Spa Dhs225

**ARGANICA MULTI-PURPOSE BEAUTY OIL**  
 100% organic, this rich, unscented Argan oil is replenishing and nourishing, and can be used top to toe. The handy pump means you won't waste any ton.



Souk.com Dhs295

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